

CURRICULUM VITAE

DANIEL J. SIEGEL, M.D.

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EDUCATION:

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| 1989-91 | Research Fellow | NIMH Research Training Program Fellow, UCLA-NPI Division of Child Psychiatry |
| 1989 | Chief Fellow | Adolescent In-patient Service, UCLA Neuropsychiatric Hospital |
| 1987-89 | Fellow | UCLA Department of Psychiatry, Division of Child Psychiatry |
| 1986-87 | Executive Chief Resident | UCLA Department of Psychiatry |
| 1984-86 | Resident | UCLA Department of Psychiatry |
| 1983-84 | Intern | University of California, Los Angeles, Department of Pediatrics |
| 1983 | M.D. | Harvard Medical School |
| 1978 | B.S. | University of Southern California, summa cum laude, Biological Sciences |

APPOINTMENTS:

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| 2012- present | Garrison Institute, NY |
| 2009- present | Clinical Professor Psychiatry, UCLA School of Medicine |
| 2009- present | Blue School Advisory Board Member, New York, NY |
| 2005- present | Founding Co-Director, UCLA Mindful Awareness Research Center |
| 2004- present | Medical Director, Lifespan Learning Institute, Los Angeles, CA |
| 2002- present | Co-Investigator, Center for Culture, Brain, and Development Foundation for Psychocultural Research, UCLA |
| 2000- present | Founding Editor, Norton Series on Interpersonal Neurobiology |
| 1999- present | Executive Director, Center for Human Development and Mindsight Institute, Los Angeles, CA |
| 1998- 2003 | Director of Interdisciplinary Studies, Children's Mental Health Alliance, New York |
| 1997- 2009 | Associate Clinical Professor of Psychiatry, UCLA School of Medicine |
| 1990- 1999 | Medical Director, Infant and Pre-School Evaluation Service, UCLA |
| 1991- 1995 | Acting Director of Training, Child and Adolescent Psychiatry |

HONORS:

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| 2012 | Invited speaker, Royal Society of Arts, London, England |
| 2010 | Susan G. Komen for the Cure® Lynn Lecture Series Speaker |
| 2009 | VIDA Award of the American Group Psychotherapy Association—Southern California Chapter, for Vision, Innovation, Dedication, and Achievement |
| 2004 | Soule Lectureship, University of Washington |
| 2004 | Irving B. Harris Lectureship, New York |
| 2004 | Edna Reiss-Sophie Greenberg Chair, Vista Del Mar, Los Angeles |
| 2003 | Distinguished Fellow, American Psychiatric Association |
| 2003 | Doctors Against Child Abuse Honorary Lectureship, New Zealand |
| 2003 | American Academy of Child and Adolescent Psychiatry Outstanding Mentor |
| 1999 | Pontifical Council for the Family Lectureship, Vatican, Rome |
| 1994 | UCLA Psychiatry Department Teaching Award |

1987
1985

American College of Psychiatrist Laughlin Fellow
APA Burroughs-Wellcome Fellow

PUBLICATIONS:

Parker, S. C., Nelson, B. W., Epel, E., & Siegel, D. J. (2015). The science of presence: A central mediator in the interpersonal benefits of mindfulness. In K. W. Brown, J. D. Creswell, & R. M. Ryan (Eds.) *Handbook of Mindfulness: Theory, Research, and Practice*. (pp 225-244). New York: Springer.

Nelson, B.W., Parker, S.C., & Siegel, D.J. Interpersonal neurobiology, mindsight, and the triangle of well-being: The mind, relationships & the brain. (2014). In E. Tronick, B. Perry, & K. Brandt (Eds.), *Infant & Early Childhood Mental Health*. Washington, D.C., American Psychiatric Publishing.

Baldini, L., Parker, S. C., Nelson, B. W., & Siegel, D. J. (2014). The clinician as neuroarchitect: The importance of mindfulness and presence in clinical practice. *Clinical Social Work Journal*.

Siegel, D.J., & Bryson, T.P. (2014). *No-drama discipline: The whole-brain way to calm the chaos and nurture your child's developing mind*. New York: Bantam.

Siegel, D.J. (2013). *Brainstorm: The power and purpose of the teenage brain*. New York: Penguin Putnam.

Sowell, E.A., Siegel, A.W., & Siegel D.J. (2012). Adolescent brain and cognitive changes. In M. Fisher, L. Alderman, R. Kreipe, & W. Rosenfeld (Eds.), *Handbook of Adolescent Medicine, American Academy of Pediatrics*.

Siegel, D.J. (2012). *The developing mind, second edition: How relationships and the brain interact to shape who we are*. New York: Guilford Press.

Siegel, D.J. (2012). *Pocket guide to interpersonal neurobiology: An integrative handbook of the mind*. New York: W.W. Norton & Company.

Siegel, D.J., & Bryson, T.P. (2011). *The whole-brain child: 12 Revolutionary strategies to nurture your child's developing mind, survive everyday parenting struggles, and help your family thrive*. New York: Delacorte Press.

Siegel, D.J. (2011). The proven benefits of mindfulness. In B. Boyce & Shambhala Sun (Eds.), *The Mindfulness Revolution: Leading Psychologists, Scientists, Artists, and Meditation teachers on the Power of Mindfulness in Daily Life* (pp. 136-139). New York: Random House Publications, Inc.

Farber, H.R., & Siegel, D.J. (2011). Parental presence: An interpersonal neurobiology approach to healthy relationships between adults and their parents. In S.M. Dunham, S.B. Dermer, & J. Carlson (Eds.) *Poisonous Parenting: Toxic relationships between parents and their adult children* (pp. 49-62). New York: Routledge.

Siegel, D.J., & McIntosh, J. (2011). Family law and the neuroscience of attachment, part II. In R.E. Emery & A. Schepard (Eds.), *Family Court Review: An Interdisciplinary Journal*, 49(3), 513-520.

Sroufe, A., & Siegel, D.J. (2011). The verdict is in: The case for attachment theory. *Psychotherapy Networker*.

Siegel, D. J. (2010). *The mindful therapist: A clinician's guide to mindsight and neural integration*. New York: W.W. Norton & Company.

Siegel, D.J. (2010). *Mindsight: The new science of personal transformation*. New York: Bantam.

Dutra, L., Ilaria, B., Siegel, D.J., & Lyons-Ruth, K. (2009). The relational context of dissociative phenomena. In P.F. Dell & J.A. O'Neil (Eds.), *Dissociation and the Dissociative Disorders, DSM-V and Beyond* (pp. 83-92). New York: Routledge.

Siegel, D.J. (2009). Mindful awareness, mindsight, and neural integration. *The Humanistic Psychologist*, 37(2), 137-158.

Siegel, D.J. (2009). Emotion as integration: A possible answer to the question, what is emotion? In D. Fosha, D.J. Siegel, & M. Solomon (Eds.), *The Healing Power of Emotion: Affective Neuroscience, Development & Clinical Practice* (pp. 145-171). New York: W.W. Norton.

Epstein, R.M., Siegel, D.J., & Silberman, J. (2009). Self-monitoring in clinical practice: a challenge for medical educators. *Journal of Continuing Education in the Health Professions, Special Issue on Self Assessment*, 28(1), 5-13.

Cozolino, L., & Siegel D.J. (2009). Perception and cognition. In B. Kaplan & W. Sadock (Eds.), *Comprehensive Textbook of Psychiatry, Ninth edition*. New York: Williams and Wilkins.

Siegel, D.J. (2007). Mindfulness training and neural integration. *Journal of Social, Cognitive, and Affective Neuroscience*, 2(4), 259-263.

Siegel, D.J. (2007). *The mindful brain: Reflection and attunement in the cultivation of well-being*. New York: W.W. Norton.

Siegel, D.J. (2007). Unlocking the mind to promote well-being. *Counselor Magazine*, 8(1), 12-20.

Siegel, D.J., Siegel, A.W., & Amiel, J.B. (2006). Brain, mind, and behavior. In D. Wedding & M. Stuber (Eds.), *Behavior and Medicine, Fourth Edition*. Cambridge, MA: Hogrefe & Huber.

Siegel, D.J. (2006). An interpersonal neurobiology approach to psychotherapy: How awareness, mirror neurons and neural plasticity contribute to the development of well-being. *Psychiatric Annals*, 36(4), 248-258.

Siegel, D.J. (2005). Apego y comprension del si mismo: Ser padre pensando en el cerebro. *Psicoterapia, Neurobiological y Neuociencias*, 16(61), 29-42.

Siegel, D.J. (2005). Verso uno neurobiologia interpersonale della mente relazionale: Le relazioni di attaccamento, la rappresentazione della mente e l'integrazione neurale. In A. Dinacci, (Ed.), *Narrate Genti le Vostre Storie* (32-72). Napoli, Italia: Liguori Editore.

Siegel, D.J. & Cozolino, L. (2005). Perception and cognition. In B. Kaplan & W. Sadock (Eds.), *Comprehensive Textbook of Psychiatry, Seventh Edition*. New York: Williams and Wilkins.

Zuckerman, B., Zuckerman, P.M., & Siegel, D.J. (2005). Promoting self-understanding in parents – for the great good of your patients. *Contemporary Pediatrics*, 22(4), 77-90.

Siegel, D.J. (2004). Attachment and self-understanding: Parenting with the brain in mind. *Journal of Prenatal and Perinatal Psychology and Health*, 18(4), 273-286.

Siegel, D.J., & Hartzell, M. (2003). *Parenting from the inside out: How a deeper self-understanding can help you raise children who thrive*. New York: Penguin Putnam.

Solomon, M., & Siegel, D.J. (Eds.). (2003). *Healing trauma: Attachment, mind, body and brain*. New York: W.W. Norton.

Siegel D.J. (2003). An interpersonal neurobiology of psychotherapy: The developing mind and the resolution of trauma. In M. Solomon & D.J. Siegel (Eds.), *Healing Trauma: Attachment, Mind, Body, and Brain*. (pp. 1-56). New York: W.W. Norton.

Siegel, D.J. (2002). What do parents need to know about brain development and interpersonal experiences with their children? *Gifted Education Communicator*, 33(2).

Siegel D.J. & Nurcombe B. (2002). The development of attention, perception and memory. In M. Lewis (Ed.), *Child and Adolescent Psychiatry: A Comprehensive Textbook, Third Edition*. Baltimore: Williams and Wilkins.

Siegel, D.J. (2002). The developing mind and the resolution of trauma: Some ideas about information processing and an interpersonal neurobiology of psychotherapy. In F. Shapiro (Ed.), *Paradigm Prism* (pp. 85-121). Washington, D.C.: APA Press.

Siegel, D.J. (2001). Toward an interpersonal neurobiology of the developing mind: Attachment, "mindsight" and neural integration. *Infant Mental Health Journal*, 22(1-2), 67-94.

Siegel, D.J. (2001). Memory: An overview with emphasis on the developmental, interpersonal, and neurobiological aspects. *Journal of the American Academy of Child and Adolescent Psychiatry*, 40(9), 997-1011.

Siegel, D.J. (2000). Perception and cognition. In B. Kaplan & W. Sadock (Eds.), *Comprehensive Textbook of Psychiatry, Seventh Edition*. New York: Williams and Wilkins.

Siegel, D.J. (1999). Relationships and the developing mind. *Childcare Information Exchange*, 48-51.

Siegel, D.J. (1999). *The developing mind: Toward a neurobiology of interpersonal experience*. New York: Guilford Press.

Siegel, D.J. (1997). Working with the memories of trauma. In B.S. Mark & J.A. Incorvaia (Eds.), *Psychotherapy with Children and Adolescents*, 221-278.

Siegel, D.J. (1997). Assessment of cognitive development. In J. Noshpitz (Ed.), *Handbook of Child & Adolescent Psychiatry*, 263-274.

Siegel, D.J. (1996). Attachment, emotions, memory and narrative: Cognitive neuroscience encounters psychotherapy. *Psychiatric Times*, XIII(3).

Siegel, D.J. & Nurcombe B. (1996). The development of attention, perception and memory. In M. Lewis (Ed.), *Child and Adolescent Psychiatry: A Comprehensive Textbook, Second Edition*. Baltimore: Williams and Wilkins.

Siegel, D.J. (1996). Cognition, memory and dissociation. In D. Otnow & F. Putman (Eds.), *Child and Adolescent Psychiatric Clinics of North America on Dissociative Disorders*, W.B. Saunders.

Siegel D.J. (1995). Dissociation, psychotherapy, and the cognitive sciences. In J. Spira (Ed.), *Treating Dissociative Identity Disorder*. San Francisco: Jossey Bass, 39-79.

Siegel, D.J. (1995). Perception and cognition. In B. Kaplan & W. Sadock (Eds.), *Comprehensive Textbook of Psychiatry, Sixth Edition*. New York: Williams and Wilkins.

Gaensbauer, T., Chatoor, I., Drell, M., Siegel, D.J., & Zeanah, C.H. (1995). Traumatic loss in a one-year-old girl. *Journal of Child and Adolescent Psychiatry, 34*(4).

Siegel, D.J. (1995). Memory, trauma and psychotherapy: A cognitive science view. *Journal of Psychotherapy Practice and Research, 4*(2), 93-122.

Sigman, M., & Siegel, D.J. (1992). The interface between the psychobiological and cognitive models of attachment. *Behavioral and Brain Sciences, 15*(3), 523.

Yager, J., Yager, A.R., Siegel, D.J., & Strauss, G.D. (1990). Professional interests among residency applicants in psychiatry. *Academic Psychiatry, 14*, 80-85.

NORTON SERIES ON INTERPERSONAL NEUROBIOLOGY, SERIES FOUNDING EDITOR:

Fishbane, M.D. (2013). *Loving with the brain in mind: Neurobiology & couple therapy*. New York: W.W. Norton.

Parnell, L. (2013). *Attachment-focused EMDR: Healing relational trauma*. New York: W.W. Norton.

Schore A.N. (2012). *The Science of the Art of Psychotherapy*. New York: W.W. Norton.

Siegel, D.J. (2012). *Pocket guide to interpersonal neurobiology: An integrative handbook of the mind*. New York: W.W. Norton & Company.

Panksepp, J., & Biven, L. (2011). *The archaeology of mind: Neuroevolutionary origins of human emotions*. New York: W.W. Norton.

Porges, S.W. (2011). *The polyvagal theory: Neurophysiological foundations of emotions, attachment, communication, and self-regulation*. New York: W.W. Norton.

Solomon, M., & Tatkin, S. (2011). *Love and war in intimate relationships: Connection, disconnection, and mutual regulation in couple therapy*. New York: W.W. Norton.

Badenoch, B. (2011). *The brain-savvy therapist's workbook*. New York: W.W. Norton.

Siegel, D. J. (2010). *The mindful therapist: A clinician's guide to mindsight and neural integration*. New York: W.W. Norton & Company.

Knox, J. (2010). *Self-agency in psychotherapy: Attachment, autonomy, and intimacy*. New York: W.W. Norton.

Hart, S. (2010). *The impact of attachment*. New York: W.W. Norton.

Cozolino, L. (2010). *The neuroscience of psychotherapy: Healing the social brain*. New York: W.W. Norton.

Wilkinson, M. (2010). *Changing minds in therapy: Emotion, attachment, trauma, and neurobiology*. New York: W.W. Norton.

Lillas, C., Turnbull, J. (2009). *Infant/child mental health, early intervention, and relationship-based therapies: A neurorelational framework for interdisciplinary practice*. New York: W.W. Norton.

- Fosha, D., Siegel, D.J., & Solomon, M. (Eds.). (2009). *The healing power of emotion: Affective neuroscience, development & clinical practice*. New York: W.W. Norton.
- Fogel, A. (2009). *The psychophysiology of self-awareness: Rediscovering the lost art of body sense*. New York: W.W. Norton.
- Feinberg, T.E. (2009). *From axons to identity: Neurological explorations of the nature of the self*. New York: W.W. Norton.
- Cozolino, L. (2008). *The healthy aging brain: Sustaining attachment, attaining wisdom*. New York: W.W. Norton.
- Badenoch, B. (2008). *Being a brain-wise therapist: A practical guide to interpersonal neurobiology*. New York: W.W. Norton.
- Tronick, E. (2007). *The neurobehavioral and social-emotional development of infants and children*. New York: W.W. Norton.
- Siegel, D.J. (2007). *The mindful brain: Reflection and attunement in the cultivation of well-being*. New York: W.W. Norton.
- Van der Hart, O., Nijenhuis, E.R.S., & Steele, K. (2006). *The haunted self: Structural dissociation and the treatment of chronic traumatization*. New York: W.W. Norton.
- Cozolino, L. (2006). *The neuroscience of human relationships: Attachment and the developing social brain*. New York: W.W. Norton.
- Ogden, P., Minton, K., & Paine, C. (2006). *Trauma and the body: A sensorimotor approach to psychotherapy*. New York: W.W. Norton.
- Stern, D.N. (2004). *The present moment in psychotherapy and everyday life*. New York: W.W. Norton.
- Solomon, M., & Siegel, D.J. (Eds.). (2003). *Healing trauma: Attachment, mind, body, and brain*. New York: W.W. Norton.
- Schore, A.N. (2003). *Affect regulation and the repair of the self*. New York: W.W. Norton.
- Schore, A.N. (2003). *Affect dysregulation and the disorders of the self*. New York: W.W. Norton.
- Cozolino, L. (2001). *The neuroscience of psychotherapy*. New York: W.W. Norton.

FOREWORDS:

- Siegel, D.J. (2013). Foreword. By: M.D. Fishbane. *Loving with the brain in mind: Neurobiology & couple therapy*. New York: W.W. Norton.
- Siegel, D.J. (2013). Foreword. By: L. Parnell. *Attachment-focused EMDR: Healing relational trauma*. New York: W.W. Norton.
- Siegel, D.J. (2012). Foreword. By: J. Panksepp & L. Biven. *The archaeology of mind: Neuroevolutionary origins of human emotions*. New York: W.W. Norton.

Siegel, D.J. (2012). Foreword. By: D.A. Hughes & J. Baylin. *Brain-based parenting: The neuroscience of caregiving for healthy attachment*. New York: W.W. Norton.

Siegel, D.J. (2010). Foreword. By: M. Solomon & S. Tatkin. *Love and war in intimate relationships: Connection, disconnection, and mutual regulation in couple therapy*. New York: W.W. Norton.

Siegel, D.J. (2010). Foreword. By: J. Kornfield. *Bringing home the dharma: Awakening right where you are*. Boston, MA: Shambhala.

Siegel, D.J. (2009). Foreword. By: R. Hanson & R. Mendius. *Buddha's brain: The practical neuroscience of happiness, love and wisdom*. New York: New Harbinger Publications, Inc.

Siegel, D.J. (2009). Foreword. By: M. Gordon. *Roots of empathy: Changing the world child by child*. New York: The Experiment, LLC.

Siegel, D.J. (2009). Foreword. By: D. Rock. *The brain at work*. New York: Harper Collins.

Siegel, D.J. (2008). Foreword. By: T. Marks-Tarlow. *Psyche's veil: Psychotherapy, fractals and Complexity*. New York: Routledge.

Siegel, D.J. (2008). Foreword. By: B. Badenoch. *Being a brain-wise therapist: A practical guide to interpersonal neurobiology*. New York: W.W. Norton.

Siegel, D.J. (2007). Foreword. In F. Shapiro, F.W. Kaslow, & L. Maxfield (Eds.). *Handbook of EMDR and family therapy processes*. New Jersey: John Wiley and Sons.

Siegel, D.J. (2006). Foreword. By: P. Ogden, K. Minton and C. Pain, *Trauma and the body: A sensorimotor approach to psychotherapy*. New York: W.W. Norton.

Siegel, D.J. (2005). Foreword. By: R. Firestone, L. Firestone & J. Catlett. *Creating a life of meaning and compassion: The wisdom of psychotherapy*. Washington D.C.: APA Press.

Siegel, D.J. (2002). Foreword. By: L. Cozolino. *The neuroscience of psychotherapy*. New York: W.W. Norton.

HIGHLIGHTED SPEAKING ENGAGEMENTS:

2013 Select Invited Events:

- The Prince Mahidol Award Conference, Bangkok, Thailand
- Interpersonal Neurobiology Summit, London, England
- Wisdom 2.0, keynote speaker, Silicon Valley, CA
- TEDx Prague, featured speaker, Prague
- Brain Development and Learning Conference, plenary speaker, Vancouver, Canada
- Punahou School's Brain Symposium, keynote speaker, Honolulu, HI
- Young President's Organization, featured speaker, San Diego, CA
- McLean/Harvard Hospital Conference, plenary speaker, Boston, MA
- CIMBA, featured speaker, Venice, Italy
- UCLA Attachment Conference: How People Change Relationships and Neuroplasticity in Psychotherapy
- Google Talk, keynote speaker, San Francisco, CA
- Association for University and College Counseling Center Directors, keynote speaker, San Diego, CA

2012 Select Invited Events:

- Wisdom 2.0, keynote speaker, Silicon Valley, CA
- Scientists and Sages, featured speaker, Carlsbad, CA
- UCLA Attachment Conference: Toward A New Psychology of Interpersonal Relationships
- RSA: Royal Society of Arts: The Emerging Mind: How Relationships and the Embodied Brain Shape Who We are, keynote speaker, London, UK
- Kripalu Center for Yoga and Health, featured speaker, The Berkshires, MA
- 2012 Psychotherapy Networker Symposium, featured speaker, Washington D.C.

2011 Select Invited Events:

- UCLA Attachment Conference: Healing Moments in Trauma Treatment
- International Conference on Attachment, Neuroscience, Mentalization Based Treatment and Emotionally Focused Therapy, Kaatsheuvel, The Netherlands
- American Psychological Association, featured speaker, Washington, D.C.
- Google Talk, two keynote Kirkland and Seattle, WA

2010 Select Invited Events:

- The Mind that Changes the Brain with Dr. Norman Doidge, Philadelphia, Chicago, and New York
- UCLA Trauma Conference: The Wholeness of Mind, featured conference presenter
- American Association of Directors of Psychiatric Residency Training, keynote address, Orlando, FL
- 2010 Mindfulness in Education Conference, keynote speaker, Cambridge, MA
- Psychotherapy Networker Conference, keynote speaker, Washington, D.C.
- 70 Years after Freud, "La Caixa" Foundation, featured speaker, Madrid, Spain
- Infant Development Association of California, keynote speaker, Riverside, CA
- Healing and Transformation: Buddhist Wisdom & Neuroscientific Insight with Jack Kornfield, Seattle and San Francisco
- Featured presenter at the 23rd Annual Northwest Conference on Behavioral Health and Addictive Disorders, Seattle
- National Head Start Research Conference, master lecture, Washington, D.C.
- Mindfulness in Education Conference at Omega Institute, keynote speaker, Rhinebeck, NY
- Featured presenter for "Beyond Survival" national tour in Australia
- UCLA: Adult Attachment and Interpersonal Neurobiology with Mary Main and Erik Hesse

2009 Select Invited Events:

- Tanner Lecture Discussant, University of Utah
- LA Superintendants Day-long Workshop on Mindful Awareness
- UC Berkeley Day-long Workshop on Education
- American Association of Superintendants Annual Meeting Keynote
- Greek Psychological Association Annual Meeting, keynote speaker, Athens, Greece
- Honorary Lectureship, University of Santa Clara
- Happiness and its Causes, keynote, speaker, Sydney, Australia
- Fetzer Keynote on Neuroscience and Spirituality
- Chautauqua Keynote on the Brain, Mindsight, and Education, New York
- Plenary Speaker, Zero to Three Conference, Dallas, Texas
- Workshops and Invited Lecture for The Neuroleadership Summit, Los Angeles
- The Neurobiology of We with Joan Halifax, Santa Fe, New Mexico
- Peace Summit Panel with His Holiness the Dalai Lama, Vancouver, Canada
- Adelphi University Day-long Workshop on Mindsight
- Evolution of Psychotherapy Conference, invited lecturer, Anaheim, California

2008 Select Invited Keynote Addresses:

- Seeds of Compassion Conference with His Holiness the Dalai Lama, Seattle, WA
- Spirit Rock Meditation Center, Woodacre, CA
- New York University Medical School, New York
- Dominican State Hospital, Santa Cruz, CA
- Los Angeles Unified School District
- Garrison Institute, New York
- PsyBC Workshop, New York, NY
- Crossroads Organization, Cleveland, OH
- Louisiana State University, New Orleans, LA
- Mindfulness and Psychotherapy, Harvard
- Los Angeles County Department of Education
- Workshop with Jack Kornfield, Seattle & Washington, D.C.
- Claremont School of Theology Neuroscience and Spirituality with Allan Wallace
- MindQuest Conference, LaCrosse, WI
- Imago Annual Conference, Portland, OR
- Zero to Three Annual Conference: Intervention with Military Families, Los Angeles, CA

2007 Select Invited Keynote Addresses:

- California Department of Mental Health on Preventive Interventions, San Diego, CA
- Teaching and the Brain Conference, San Francisco, CA
- Teaching and the Brain Conference, Boston, MA
- California Department of Education Annual Educators Conference, Asilomar, CA
- Parents Place Seminar, Pacific Grove, CA
- Summit on Early Childhood, Los Angeles, CA
- UCLA Extension Emotion in Psychotherapy Conference
- Harvard University Continuing Education Series
- Harvard University Academy of Medicine Special Seminar on Mindfulness in Medicine
- Psychotherapy Networker Annual Meeting, two keynotes, Washington, D.C.
- Parents as Teachers Conference, St. Louis, MO
- Alfred Adler International Meeting, Vancouver, B.C.
- Calgary Psychotherapy Association
- The Wise Heart and the Mindful Brain with Jack Kornfield, San Francisco, CA
- Annual Trauma Conference, Boston University/Trauma Center
- Birth to Three/Early Head Start Annual Conference, Washington, D.C.
- Contemplation, Mindfulness and Medicine, Cologne, Germany
- Mindfulness, Temperament and the Brain for Business Leaders, Burren, Ireland
- Spirituality and Science in Honor of the 550th Birthday of the University of Freiburg with HH the Dalai Lama, Freiburg, Germany
- Buddhism and Science for the King of Thailand's 80th Birthday, Bangkok, Thailand
- Rural Cap Alaska Early Childhood Educators, Anchorage, AK
- UC Davis CARE Program, Sacramento, CA
- Cincinnati Psychotherapy Conference
- EMDR International Annual Conference, Dallas, Texas
- UCLA Extension Program on Mindfulness in Psychotherapy with The Venerable Thich Nhat Hanh
- Children Uniting Nations, Congressional Hearing on Children, Washington, D.C.
- Kripalu Center, The Berkshires, MA
- General Practice of Psychotherapy Association, Toronto, Ontario
- National Institute for Clinical Application of Behavioral Medicine, Hilton Head, NC
- Milton Erickson Foundation Conference, Anaheim, CA

- Stanford University Center for Advanced Study in the Behavioral Sciences Seminar, Palo Alto, CA
- Massachusetts Eye and Ear Infirmary 100th Anniversary of Social Work Department Seminar, Harvard University
- Los Angeles County Juvenile Justice Department Symposium, Los Angeles, CA
- Justice Institute of British Columbia Conference, Vancouver, B.C.

2006 Select Invited Keynote Addresses:

- Child and Adolescent Psychiatry, Northern California Chapter, Carmel, CA
- Mind and Moment Symposium, San Francisco, CA
- UCLA Conference on the Embodied Mind
- U.S. Journal Training: Neuroscience Meets Recovery, Las Vegas, NV
- Norway Psychiatric Invitational, Oslo, Norway
- New York University Biology of Mind Conference, New York, NY
- United Way conference for Teachers and Parents, Westport, CT
- Contemplation in Education Program, Garrison Institute Seminar, Garrison, NY
- Rolling Hills Methodist Church Parenting Workshop, Palos Verdes, CA
- Children's Institute International Centennial Conference, Los Angeles, CA
- Society for Exploration of Psychotherapy Integration International Conference, Los Angeles, CA
- Infant-Toddler/Presbyterian Community Childcare Consortium, Rancho Mirage, CA
- Mind and Life Research Institute/The Garrison Institute Conference, Garrison, NY
- Intercommunity Child Guidance Mental Health Symposium, Whittier, CA
- Riverside County First Five Teacher Conference, Riverside, CA
- Family Therapy Academy Conference, Chicago, IL
- Teachers in the Oral Tradition/Association of Enneagram, Washington, D.C.
- The Mindful Brain in Psychotherapy, Kauai, HI
- Attachment Conference, St. Louis, MO
- Parenting Project of Napa Valley Conference
- Jewish Children's Bureau and Jewish Family and Community Service Conference, Evanston, IL
- Milton Erickson Foundation Brief Therapy Conference, Anaheim, CA
- First Annual Mindsight Symposium, Los Angeles, CA
- Kripalu Center for Yoga and Health, The Berkshires, MA
- Psychotherapy Networker Symposium, San Francisco, CA

1999-2005 Select Invited Keynote Addresses:

- Pope John Paul II and The Vatican's Pontifical Council for the Family
- Psychiatric Hospital of Tokyo, Japan
- International EMDR Conference, Stockholm, Sweden
- Child Psychiatry Association, Helsinki, Finland
- Danish Psychotherapy Society, Copenhagen, Denmark
- Doctors Against Child Abuse, New Zealand